

MIDDLE/HIGH SCHOOL LUNCH OPTIONS

Sandwich Variety: Sandwiches will be on a Kaiser Roll

1. **Homemade Tuna**
2. **Deli Turkey**
3. **American Cheese**
4. **Hummus on Flat Bread W/ Cucumber Slices /Offered Tuesday thru Friday**
5. **Turkey Ham**
6. **Homemade Chicken Salad/ Offered Tuesday thru Friday**
7. **Wow Butter W/Jelly**
8. **Bagel (Plain, Buttered or Cream Cheese)**

All Sandwiches are served on a Kaiser Roll

Salads: Are offered plain or with Protein

Homemade Salads are made with three types of lettuce (Romaine, Iceberg and Red leaf)

Veggie Wrap (Lettuce, Tomato, Shredded Carrots, and Red Peppers)

Burritos:

1. **Chicken**
2. **Vegetarian**

Hot Lunch Alternative: One option offered each day

September 21	Grilled Cheese Sandwich
September 22	Chicken Pizza Quesadilla
September 23	Cheeseburger or Veggie Burger
September 24	Homemade marinated Garden Salad on a Grilled Pita
September 25	Buffalo Chicken Wrap