



Next week is **Be Kind Spirit Week** brought to you by the Peer Leaders. We will be practicing kindness and having some fun before we go off on our holiday vacation break! Each day is a special theme starting with the letters **B-KIND**

**Monday is B: BINGO FOR KINDNESS DAY-**Monday, we will kick off the week with RANDOM ACTS OF KINDNESS BINGO. Each student will get a bingo page and each class will get one bingo poster to track your acts of kindness. Do random acts of kindness that are listed and color in or hi-lite the spaces on your bingo page after they are done. When you come to school each day, share what you did with the class and see how many BINGO wins your class has by the end of the week. Maybe you will even have the whole BINGO poster colored in! Let Dr. Schwartz and Ms. Seymour know about your success and it will be announced over the loud speaker. Good Luck!

**Tuesday is K: KOOKY DRESS UP DAY-** On Tuesday, wear your kookiest outfit. You can wear mismatched clothes, strange color combinations, or even inside out clothes! Have fun with it and let your inner kooky-self shine! Having a fun laugh and being silly is showing kindness to yourself and those around you!

**Wednesday is I: "IF I COULD, I WOULD ..." DAY-** On Wednesday, we are going to use our imagination and come up with ideas of what we could do to create more kindness in the world. On an index card or piece of paper, write down what you would do if you could to make the world a kinder place. Just write "IF I COULD, I WOULD...." And complete the sentence with your idea. You could also draw a picture and show us what you would do! Send them to Dr. Schwartz and Ms. Seymour or put them in the Peace Box, for the Peer Leaders to put up and display.

**Thursday is N: NOTE OF KINDNESS DAY-** On Thursday, you will pick a classmate's name out of a basket and write them a kind note. Your teacher will give you the note to fill out. It will say, "You make Jackson a better place because ..." Notice what is positive about someone and let them know!

**Friday is D: DRESS COMFY/DOWN-TIME DAY-**On Friday, be kind to yourself and come to school in your PJ's or most comfy clothes. We are all looking forward to some comfy down time too so do something fun in class on Friday while you are in your comfy clothes! Go kindness!!

Enjoy,  
Stacey and Milissa and the Peer Leaders