

MIDDLE/HIGH SCHOOL LUNCH OPTIONS

Sandwich Variety: Sandwiches will be on a Kaiser Roll

1. Homemade Tuna
2. Deli Turkey
3. American Cheese
4. Hummus on Flat Bread W/ Cucumber Slices /Offered Tuesday thru Friday
5. Homemade Chicken Salad/ Offered Tuesday thru Friday
6. Wow Butter W/Jelly
7. Bagel (Plain, Buttered or Cream Cheese)
8. Turkey Ham

All Sandwiches are served on a Kaiser Roll

Salads: Are offered plain or with Protein (Veggie Salad /Chef Salad)

Homemade Salads are made with three types of lettuce (Romaine, Iceberg and Red leaf)

Veggie Wrap (Lettuce, Tomato, Shredded Carrots, and Red Peppers)

Burritos:

1. Chicken
2. Vegetarian

Hot Lunch Alternative: One option offered each day

January 18	School Closed
January 19	Spicy Chicken w/Mozzarella on a Kaiser Roll
January 20	Chicken with Broccoli & Rice
January 21	Meatball Hero
January 22	Pasta w/Meat Sauce